

# Local Wellness Policy: Triennial Assessment Summary

## Section 1: General Information

School(s) included in the assessment:

**Gates County Public Schools**

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Month and year of current assessment: June 2021

Date of last Local Wellness Policy revision: December 2021

Website address for the wellness policy and/or information on how the public can access a copy:

<https://boardpolicyonline.com/?b=gates>

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## Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? \_\_

Designated School Wellness Leader

Name	Job Title	Email Address
Jeremy Wright	Director of Student Services	wrightje@gatescountyschools.net

School Health Advisory Council

Name	Job Title	Email Address
Kay Wiggins	School Nurse	wigginskn@gatescountyschools.net
Heather Boyce	School Nurse	boycehm@gatescountyschools.net
Courtney Jones	School Nurse	jonescg@gatescountyschools.net
Lisa Jordan	School Nurse	jordanll@gatescountyschools.net
Leslie Wright	PE Teacher/Parent	wrightl@gatescountyschools.net
Arthea Ruffin	School Counselor	ruffinac@gatescountyschools.net
Andrea Clark	Department of Social Services	aclark@gatescountync.gov
Dr. Paula Simpson	Nutrition Director	simpsonpj@gatescountyschools.net

### Section 3. Comparison to Model School Wellness Policies

Complete the [WellSAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language
- Other (please specify): NC STATE Board of Education - Healthy Active Children Policy

Describe how your wellness policy compares to model wellness policies.

Gates County Public Schools Student Wellness Policy 6140 follows guidelines and requirements set by the Healthy Active Children Policy.

### Section 4. Compliance with the Wellness Policy and Progress towards Goals

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps:
The general goals of nutrition promotion and nutrition education are (1) to provide appropriate instruction for the acquisition of behaviors that contribute to a healthy lifestyle for students and (2) to teach, encourage and support healthy eating by students.	X			Will continue to provide and promote nutrition education through the health curriculum.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smartsnacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps:
All foods and beverages sold at school must meet the nutrition standards established in policy 6230, School Meal and Competitive Foods Standards	X			Will continue to follow Smart Snack standards.

<b>Guidelines for other foods and beverages available on the school campus, but not sold</b>	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps:
School principals shall establish rules for foods and beverages brought from home for classroom events or parties during the school day or for extracurricular activities after the school day. The board encourages principals to establish rules that are consistent with the Smart Snacks in Schools standards.	X			Will continue to follow Smart Snack standards. Principals have rules for outside food established in their Student/Parent handbooks. We will continue to create and adjust rules when needed.

<b>Marketing and advertising of only foods and beverages that meet Smart Snacks</b>	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Food and beverage marketing on school campuses during the school day must meet federal and state standards. In accordance with these standards, only foods and beverages that meet the Smart Snack standards.	X			Will continue to follow the Smart Snack standards.

<b>Physical Activity Goal(s)</b>	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps:
The goal of the physical education program is to promote lifelong physical activity and provide instruction in the skills and knowledge necessary for lifelong participation in physical activity.  Schools must provide a minimum of 30 minutes of moderate to vigorous physical activity daily for kindergarten through eighth-grade students.	X			Will continue to promote and provide meaningful physical activity and education. Continue to look for resources that will help us grow our Physical Education Program.

<b>School-based activities to promote student wellness goal(s)</b>	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps:
<p>1. Schools will provide a clean and safe meal environment.</p> <p>2. Students will be provided adequate time to eat meals.</p> <p>3. Drinking water will be available at all meal periods and throughout the school day.</p> <p>4. Professional development will be provided for school system nutrition staff.</p> <p>5. To the extent possible, the school system will utilize available funding and outside programs to enhance student wellness.</p> <p>6. Food will not be used in the schools as a reward or punishment.</p> <p>7. As appropriate, the goals of this wellness policy will be considered in planning all school-based activities.</p> <p>8. Administrators, teachers, school nutrition personnel, students, parents or guardians, and community members will be encouraged to serve as positive role models to promote student wellness.</p>		X		<p>Gates County Schools will continue to look for ways to promote student wellness. We will continue to look for PD that will help nutrition staff and school staff. We will continue to search for funding resources and outside programs to promote student wellness.</p>

Include any additional notes, if necessary:

Gates County completed WellSAT3.0 Assessment Tool

Results can be found on the District Website.